

# Youth and Young Adult Clients:

## HRSA's Ryan White HIV/AIDS Program, 2022



### Population Fact Sheet | April 2024

The Health Resources and Services Administration's Ryan White HIV/AIDS Program (RWHAP) provides a comprehensive system of HIV primary medical care, medications, and essential support services for low-income people with HIV. More than half the people with diagnosed HIV in the United States—nearly 567,000 people in 2022—receive services through RWHAP each year. The RWHAP funds grants to states, cities, counties, and local community-based organizations to provide care and treatment services to people with HIV to improve health outcomes and reduce HIV transmission. For more than three decades, RWHAP has worked to stop HIV stigma and reduce health disparities by caring for the whole person and addressing their social determinants of health.

### Ryan White HIV/AIDS Program Fast Facts: Youth and Young Adult Clients (Aged 13–24)

3.2%

OF ALL  
RWHAP  
CLIENTS



64.7%

LIVE AT  
OR BELOW  
100% of the  
Federal Poverty Level



83.8%

ARE VIRALLY  
SUPPRESSED



5.3%

EXPERIENCE  
UNSTABLE  
HOUSING



Of the more than half a million clients served by the Ryan White HIV/AIDS Program (RWHAP), more than 18,000 (3.2 percent) are youth and young adults aged 13 to 24 years.

Learn more about youth and young adult clients served by RWHAP:

- **The majority of youth and young adult RWHAP clients aged 13–24 years are a diverse population.** Among clients in this age group, 87.6 percent are people from racial and ethnic minority groups. Data show that 56.3 percent of youth and young adult clients are Black/African American people, which is significantly higher than the national RWHAP average (44.5 percent). Hispanic/Latino people represent 26.2 percent of youth and young adult RWHAP clients, which is slightly higher than the national RWHAP average (25.3 percent).
- **The majority of RWHAP clients aged 13–24 years are male.** Data show that 74.8 percent of clients aged 13–24 years are male, 19.7 percent are female, and 5.5 percent are transgender.
- **The majority of RWHAP clients aged 13–24 years are people with lower incomes.** Among youth and young adult RWHAP clients, 64.7 percent are people living at or below 100 percent of the federal poverty level, which is higher than the national RWHAP average (58.6 percent).
- **Data show that 5.3 percent of RWHAP clients aged 13–24 years experience unstable housing.** This percentage is comparable to the national RWHAP average (5.2 percent).

Medical care and treatment improve health outcomes and decrease the risk of HIV transmission. People with HIV who take their medication as prescribed and are virally suppressed cannot sexually transmit HIV to their partners and can live longer and healthier lives. According to 2022 data, **83.8 percent of all youth and young adult clients aged 13–24 years receiving RWHAP HIV medical care are virally suppressed**,\* which is significantly lower than the national RWHAP average (89.6 percent).

Of youth and young adult clients receiving RWHAP HIV medical care, the following percentages are virally suppressed:

- 84.8 percent of young gay, bisexual, and other men who have sex with men.
- 83.0 percent of young Black/African American gay, bisexual, and other men who have sex with men.
- 81.8 percent of young Black/African American women.
- 81.0 percent of transgender youth and young adults.

\* Viral suppression is defined as a viral load result of less than 200 copies/mL at the most recent test, among people with HIV who had at least one outpatient ambulatory health services visit and one viral load test during the measurement year.